



St. Paul's Episcopal Church McHenry, IL



January 4, 2023

Sunday Worship with St. Paul's In-person and on Zoom 10:30 am

Zoom link: https://zoom.us/j/98034316249

Meeting ID: 980 3431 6249 To dial in: 312-626-6799

2023 Vestry

We are in the process of forming our 2023 Vestry team! If you're interested in joining the vestry, or would like more information, please reach out to Beth Lukas at gramlukas2@gmail.com.

Our next outing will be on **Thursday**, **January 12** at 11:30 am. Please note that for January, we're meeting on the second Thursday so more ladies may attend. We'll gather at Plum Garden in McHenry. Hope to see you there!





Lifeline Screening Event

Tuesday, January 17, 2023

On January 17, Lifeline will be coming to church for a health screening event. St. Paul's has hosted these events in the past, and it is an opportunity to screen for risk factors without going to the doctor's office.

These screenings offer the opportunity to discover the risk for chronic diseases such as atherosclerosis, peripheral arterial disease, or other vascular conditions and are conducted by highly trained sonographers using the same sophisticated ultrasound equipment employed by major hospitals. Results are reviewed and sent to participants to share with their personal physician. More information can be found at <u>lifelinescreening.com</u>.

The cost for 4 different screenings is \$149. Be sure to pick up a flyer here at church. To register and receive a special discount, you may call 800-640-6307 or visit LLSA.SOCIAL/HC to register. Questions? Call the church office.

On St. Paul's Calendar

Thursday, January 12 - Ladies Lunch at Plum Garden, 11:30 am Sunday, January 8 - Holy Eucharist Tuesday, January 17 - Lifeline Screening Sunday, February 12 - Annual Parish Meeting & Potluck

Save the Date!

St. Paul's Annual Meeting and Potluck February 12, 2023

Mark your calendars for February 12 when we'll hold our annual parish meeting and enjoy a potluck after the service. Andrea Mysen from the Diocese will be preaching at the service that day, and will participate in our meeting.

St. Paul's Prayer List

Week of January 8 - 14

Please keep those on our prayer list in your thoughts during this time. If you wish to add to the list, please contact the church office.

Ongoing prayers: Yasmin, Kay, and Jerry

Current prayers: Rory, Bonnie, Jane, Arne, Jimmy, and Cindy

For our MCC scholarship recipients: Ashley, Ciara, Julia, Yaksi, and Gavin

For those celebrating birthdays: Bill Braun (Jan 14)

Questions or concerns?

Please contact our Senior Warden - Beth Lukas: Gramlukas2@gmail.com

In need of pastoral care?

Please contact Rev. Eileen Shanley-Roberts: shanleyroberts@gmail.com

Deborah Lang, our Deacon: DeaconDeb@stpaulmchenry.com

Office Hours

Tuesday 8:30 am - 1:30 pm Thursday 8:30 am - 1:30 pm

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Phone Number - 815-385-0390 St. Paul's Email - stpaulmchenry@sbcglobal.net

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