



St. Paul's ePistle from McHenry

June 21, 2017



New and Notable...



Thoughts from Lori

A couple of weeks ago, someone asked me about the words I add during the Eucharist after saying, "The gifts of God for the people of God." **"Be what you see. Receive what you are."** Those are the words of St. Augustine from one of his sermons. He was referring to the Body of Christ; that the consecrated bread has become for us that very body. It is what we receive. It is what we are. So when that bread, that "Body" is given to you, Augustine says, *see that. Be that.*

I expect, too, that someone will ask me about the blessing I'm using at the end of the service. **"Life is short. We don't have much time to gladden the hearts of those who walk this way with us. So be swift to love and make haste to be kind."** It is a quote from the work of Henri-Frederic Amiel, Swiss philosopher and poet (1821-1881). It has become popular in various Episcopal churches and I thought to share it with you for a while.

Today is the official first day of summer, yet given that we're more than half-way through June, it feels (to me at least) that summer is flying by! You are missed when you're not in church on Sunday mornings, but I hope you are enjoying vacations, travel, rest, and refreshment. Be safe and take good care of yourselves. If you go to church when you travel, bring a service program to put on our bulletin board in the parish hall. Or take a picture to post. It could turn into our own little travel log.

Faithfully,

Lori

***Mobile Food Pantry
Saturday, June 17th***



Sunday, August 13th at 4:00 p.m.

We'll be grilling hotdogs and hamburgers with all the trimmings (donations enthusiastically accepted)!

Pack up your lawn chair...

Make your favorite dish to share....

(salads, appetizers, casseroles, desserts)

and remember to BYOB!

A Word from the Rev. William P. McLemore

Feast Day of St. Alban, First Martyr of Britain

The feast day of St. Alban is Thursday, June 22nd. Very little is known about Alban. It is estimated that his death was between 209 to 305 A.D. Tradition has it that he was the earliest Christian in Britain, and its first martyr.

The most we know about Alban rests on the historical writings of the Venerable Bede, who claims Alban lived as a Roman soldier in Verulamium sometime during the 3rd or 4th



century. Bede tells the story that Alban gave shelter to a Christian priest who was fleeing from the persecutors, and was converted to the faith by this cleric. When other Roman soldiers came to Alban's house, he exchanged clothes with the priest, and was tortured and martyred in the priest's stead. The latest estimates are that this occurred in 209 A.D., during the persecution under the Emperor Septimius Severus (193-211 A.D.).

What we learn from Alban is that Christianity had an early beginning in the British Isles, and that it wasn't very easy to practice the faith in that day. We also know that even though Roman soldiers were used to persecute, many were converted Christians, adding an extra dilemma to their faith. We remember the Roman Centurion at the death of Jesus, "Now the centurion and those with him, who were keeping watch over Jesus, saw the earthquake and what took place, they were terrified and said, 'Truly this man was God's Son!' (*Matthew 28:54*)

In case you missed it....

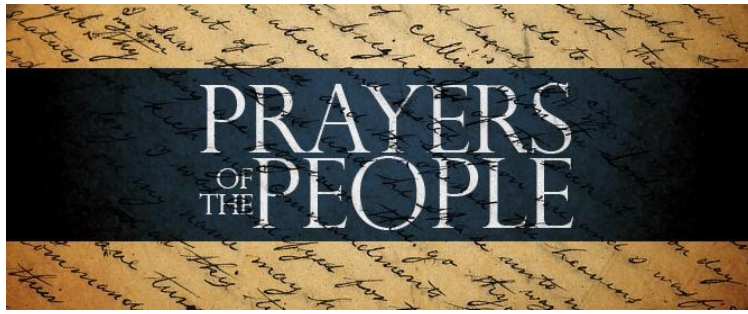
Important Dates for Your Calendar

Sunday, August 13th	Parish Picnic - 4pm
Sunday, Sept. 17th	Fall Parish Meeting
Sunday, October 22nd	EPISCOPAL VISIT*
Saturday, Nov. 4th	Ducks-in-a-Row workshop**

*"Episcopal Visit" means that our bishop, the Rt. Rev. Jeffrey Lee, will be here at St. Paul's to preach and celebrate the Holy Eucharist. In anticipation of that occasion, we will offer a series of classes for anyone who wishes to be confirmed or received into The Episcopal Church. Those classes will be on Sunday mornings during Coffee & Conversation on the following dates: Sept. 24, October 1, 8, and 15.

** The Ducks-in-a-Row workshop is an opportunity to create your own notebook of vital information for your family, including end-of-life wishes and funeral planning. Every adult should have this material available for their loved ones. There's nothing macabre about this workshop! If anything, it's really interesting. Plan to attend.

We'll have sign-ups for these various events as the dates approach. Meanwhile, have a safe and refreshing summer.



Intercessors are needed!

Currently, there are only three people who read the Prayers of the People on Sunday mornings, and they also volunteer as Ushers and Lectors as well. An Intercessor simply reads the prayers from a notebook which has been prepared for that purpose. This is a good way to start out being involved in the service without having to be "up front." If we can get at least one or two more volunteers, your commitment would only be once a month.

If you'd like to help out, please let Lisa know. Email (lisa@stpaulmchenry.com) or call the church office: 815-385-0390.

Additional Lectors and Ushers are always welcome as well!



DEDICATE ALTAR FLOWERS

Our flower dedication chart is almost empty. Please consider signing up to dedicate flowers for a special occasion or for a loved one. Your dedication may be "in memory of" or "in thanksgiving for" or "in honor of..." The donation is \$35, and our Flower Guild will make it look like you've given twice that amount! Your thoughtfulness and generosity will enrich the beauty of our worship. Thank you.

***Join the folks of St. Mary's for their next
FREE COMMUNITY MEAL****

July 15

Guests and volunteers eat together and get to know each other. Great food and conversation. Note: St. Mary's is a big supporter of our Mobile Food Truck. Let's return the favor.

Where:

**ST. MARY'S EPISCOPAL CHURCH
210 S. McHENRY AVENUE
CRYSTAL LAKE - 815-459-1009
No RSVP Required - Every 3rd Saturday**

2017 DINNER DATES

5:00 PM - 7:00 PM

July 15 August 19 September 16
October 21 November 18 December 16
Free to All! All are Welcome! Family Friendly!

*This meal is offered to those in our community who may be experiencing difficulty in procuring enough food.

The usual fare...

Servants for June 25th

Jim Lukas, Beth Lukas - *Ushers*
Jim Lukas - *Lector*
Terry Jaworski - *Intercessor*
Pam Dietmeyer, Charlie Boak - *Eucharistic Ministers*
Sally Berweiler - *Vestry Person of the Day*
Angie Lang - *Children's Crucifer*

On the Calendar...

Noon Eucharist - Every Wednesday, 12:15 p.m.
Music Therapy - Every Friday, 10:00 a.m.

Vestry - Tonight, June 21, 7:00 p.m.
Annual Parish Picnic - Sunday, August 13, 4:00 p.m.
Fall Parish Meeting - Sunday, September 17
Bishop Lee at St. Paul's - October 22
Ducks in a Row - November 4

Inquirers/Confirmation Classes - Sept. 24, Oct. 1, 8, 15

Lessons and Hymns

June 25th - Proper 7

by the Rev. William P. McLemore

SCRIPTURE REFLECTIONS: There are two choices for an Old Testament lesson: Genesis 25:8-21 and Jeremiah 20:7-13. Genesis tells about Sarah and Hagar and the son of the slave woman; Jeremiah 20:7-13 finds the prophet complaining about the ridicule he gets in his ministry. Psalm 69:8-11, (12-17), 18-20 finds the psalmist looking for God's compassion. The Epistle is Romans 6:1-b-11 and here St. Paul talks about baptism as it is a death to the old self. The Gospel is Matthew 10:24-39 and here Jesus relates the work of discipleship.

THE HYMNS:

PROCESSIONAL HYMN: No. 524. "I love thy kingdom, Lord." This hymn was authored by Dr. Timothy Dwight (1725-1817) when he was president of Yale College. It is based on Psalm 137 and has been in the Episcopal hymnals since 1826. The tune, "St. Thomas," was composed by Aaron Williams (1731-1776) and later harmonized by Lowell Mason (1792-1872).

THE SEQUENCE HYMN: No. 679. "Surely it is God who saves me." Based on the First Song of Isaiah, this popular contemporary hymn was composed by the Rev. Dr. Carl Pickens Daw, Jr., before he studied at the University of the South and was ordained an Episcopal priest in March of 1982. He served on the Committee on Texts for the 1982 Hymnal and currently lives in Watertown, Maine. The tune was composed by Ray W. Urwin.

PRESENTATION HYMN: No. 334. "Praise the Lord, rise up rejoicing." This hymn was written by the Rev. Canon Howard Charles Adie Gaunt (born 1902), a cleric and teacher at Malvern College, Malvern, Worcestershire, England (1937-1953). The last verse hearkens to Paul's II Corinthians 5:17, "So if anyone is in Christ, there is a new creation." The tune, "Alles ist an Gottes Segen," is a melody attributed to Johann Balthasar König (1691-1750) harmonized by Johann Lohner (1645-1705).

COMMUNION HYMN: No. 712. "Dona nobis pacem." These three words are Latin for "Grant Us Peace" and the hymn is an old monastic canon of unknown authorship and composing. As we approach the altar for Holy Communion, we want to pray for peace in our hearts and souls and these words are a wonderful preface to receiving this sacrament.

RECESSIONAL HYMN: No. 530. "Spread, O spread, thou mighty word." This hymn was written by Jonathan Friedrich Bahnmaier and is one of the first hymns to turn from the individual piety of the 19th century to the zeal for foreign missions and education. The present form includes only the first five of the original seven stanzas of the hymn. The tune, "Gott Sei Dank," is a melody taken from the German, "Geistliches Gesangbuch," (1704) and harmonized by William Henry Havergal (1793-1870).

From the cartoons created by
The Rev. William P. McLemore



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[St. Paul's Website](#)

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The Rector's email - lorilowe@stpaulmchenry.com


Vestry Minutes

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