



St. Paul's ePistle from McHenry

April 15, 2015

In this issue...

- + Thoughts from Lori
- + Food Pantry Truck
- + Spring Parish Mtg.
- + Living Compass
- + Upcoming events
- + Hymns and Lessons
- + Bill's cartoon
- + 10 Reasons to be an Episcopalian

Vestry Meeting is tonight!
7:00 p.m.



Thoughts from Lori

Death and taxes: the two things we can't escape. And given that today is April 15th, "tax day," it seems an apt thing to think about. Taxes have been a fact of life since, well, since people came together to live in organized societies. Certain common needs had to be met. Someone had to be in charge of seeing that those things got done. So money had to be collected in order to accomplish all that. Thus, taxes.



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The larger the society, the more complicated taxes have become. But the principle remains: certain common needs have to be met. We complain about taxes - at least, I do. But I'm not willing to live without public schools, roads, water and sewer and other utilities, police, fire fighters, medical care - in short, the public services most of us take for granted. And so, I participate with you in this collective contract.

There are also other such contracts. Traffic laws, for instance. We agree (at least in principle) to drive on a specific side of the roadway; obey speed limits, stop signs, and traffic lights. There is even an expectation that we'll maintain our vehicles so that they will operate properly. When we do those things, we're all safer, and when we don't, accidents happen.

These collective contracts, these and others, are sometimes a source of anger and hostility; targets for resentment and criticism. While you won't get any argument from me about the need for tax reform (and better enforcement of traffic laws), I think the matter of anger and hostility is worth another look.

Dr. Christiane Northrup, M.D. and author, says this about anger: *Accept that your anger is yours and that it's telling you something you need to know.*

In my case, when I'm angry about my taxes, I may rant about unfairness and such, but my anger is also telling me that I didn't plan ahead well enough; that I didn't set aside enough; that I wish I would be a better manager of my budget. When I'm ranting about other drivers on the road, sometimes it's (rightly) about their stupidity and failure to keep the contract, but it's often about my failure to allow enough time to get where I'm going. There are definitely things my anger tries to tell me, if only I will listen.

Meanwhile, there is another social contract that we enter into as part of the church: that we will love and support each other through thick and thin. I'll be here for you when you need me, and you'll be here for me. We are all in this - life - together. As our patron Paul says: (paraphrased) 'When one hurts, we all hurt; when one rejoices, we all rejoice.' We frequently fail at this, but let's keep trying.

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Faithfully,

Lori †

Coffee & Conversation

Our discussion at Coffee & Conversation will be a continuation on the topic of the liturgy. This week, we'll focus on the **Prayers of the People**. Did you know that there are guidelines for our prayers during the Eucharist? That there are seven forms for the prayers in the Prayer Book? Stay for the coffee and goodies, the fellowship, and some interesting conversation. Everyone is welcome.

Spring (Informal) Parish Meeting

Following the practice we began a couple of years ago, we will gather after church on April 26th for an informal parish meeting. Please bring a **covered dish** of your favorite food to share. We'll catch up on a little business, but the main subject will be our emerging food ministry. And remember: we've committed to "feeding others when we feed ourselves." So **bring canned goods or non-perishables** to be donated to FISH (the local food pantry).



Our meetings will begin Tuesday May 12th, 7:00 to 8:30pm and will run for four weeks. The topic will be "Building Healthy Relationships," and as always with LC, in the context of wellness and balance. A donation of \$10 is requested for supplies. Space is limited. Sign-up today! Watch for more information about a day-time group that will begin later.

Northern Illinois Food Bank Truck is coming to St. Paul's!

The Food Truck is coming on May 30 to our parking lot. So far, we've collected about \$400 (of the \$1200). We don't know the amount collected at the Easter Eve service last Saturday night at St. Ann's, but will announce that as soon as possible. Meanwhile, if you haven't given yet, please do. Checks are best made out to Northern Illinois Food Bank and marked "St. Paul's." We also need volunteers to help distribute the food on May 30th. See the sign-up sheet on the table in the narthex. Thanks!

Value Added! - Wellness Team to attend the Mobile Food Pantry Event

The Centegra Health System Wellness Team will be on-site Saturday, May 30. They will offer FREE blood pressure and glucose tests to all those who come to receive food. Participants will receive a copy of their results and resources for medication assistance. Literature is in Spanish and English. The Wellness Team has already partnered with the Northern Illinois Food Bank to help the under-served in our community. We are very pleased to be one of the first in McHenry to be a part of their mission.



Spring Parish Meeting - Sunday, April 26th
Men's Breakfast - Saturday, May 2nd
Lifeline Screening - Tuesday, May 5th
Women's Wednesday - May 6th
Final Affairs Fair - Saturday, May 16th
Mobile Food Truck - Saturday, May 30th

Lessons and Hymns
Sunday, April 19th
(Third Sunday of Easter - Year B)
by the Rev. William McLemore

THE SCRIPTURE LESSONS:

The First Reading: Acts 3:12-19. Peter preaches on Jesus as the fulfillment of God's promise to send a redeemer who seeks to reconcile the world through repentance.

The Psalm: Psalm 4. This psalm has a personal meditative quality, "speak to your heart in silence upon your bed."

The Epistle: I John 3:1-7. The writer rejoices in the love God has revealed in Jesus making all children of God.

The Gospel: Luke 24:36b-48. Jesus appears after His Resurrection to the disciples and invites them to "touch and see" the wounds to accept more deeply His Resurrection.

THE HYMNS:

Processional Hymn: No. 199. "Come, Ye Faithful, Raise the Strain." This hymn is based upon Exodus 15, "The Song of Moses," and is attributed to St. John of Damascus (8th century). It has been translated from the Latin by John Mason Neale (1818-1866). The tune, "St. Kevin," was composed by Arthur S. Sullivan for this text in the "Hymnary" of 1872.

Sequence Hymn: Instead of a traditional hymn, we will sing a Celtic Alleluia before the Gospel throughout the season of Easter.

Presentation Hymn: No. 379. "God is Love." This hymn was written by Timothy Rees, the Anglican Bishop of Llandaff, a distinguished speaker in English and Welsh and respected hymnographer. This beautiful hymn covers many aspects of God's love and is appropriate for reflecting on Chapter 13 of St. Paul's letter to Corinth. Cyril V. Taylor composed the tune,

"Abbot's Leigh," in May of 1941 when he was working for the Religious Broadcasting Department of the British Broadcasting Corporation (BBC).

Communion Hymn: No. 178. "Jesus Is Lord of All the Earth." This hymn was written by Donald Fishel, born in 1950, a graduate of the University of Michigan, and a consummate musician. In a biographical sketch he writes that after college, "I then embarked on a career in music publishing and began writing the Christian songs for which I am best known. My songs *Alleluia No. 1* and *The Light of Christ* can be found in the hymnals of the Episcopal, Lutheran, Methodist, and Roman Catholic Churches." The tune name is the "Alleluia No. 1" and was composed by him and arranged by Betty Carr Pulkingham (b. 1928) the wife of the Rev. William Graham Pulkingham, an Episcopal priest who lived from 1926-1993.

Recessional Hymn: No. 182. "Christ Is Alive!" The author of this new hymn is Brian Wren (b. 1936), Emeritus Professor of Worship, Columbia Theological Seminary, Decatur, Georgia. He is a writer, preacher, liturgics scholar, and internationally published hymn-poet. Brian is a Minister of the United Reformed Church (UK). Hope Publishing Company owns the 1975 copyrights to the text. The hymn reflects the sacrificial nature of Our Lord's Resurrection. Here is the 4th verse: "In every insult, rift and war where color, scorn, or wealth divide, he suffers still, yet loves the more, and lives though ever crucified." The tune, "Truro," is from a 1789 Psalm Book, harmonized by Lowell Mason (1792-1872).

April 19th Servants

Usher: Rick Carlstedt

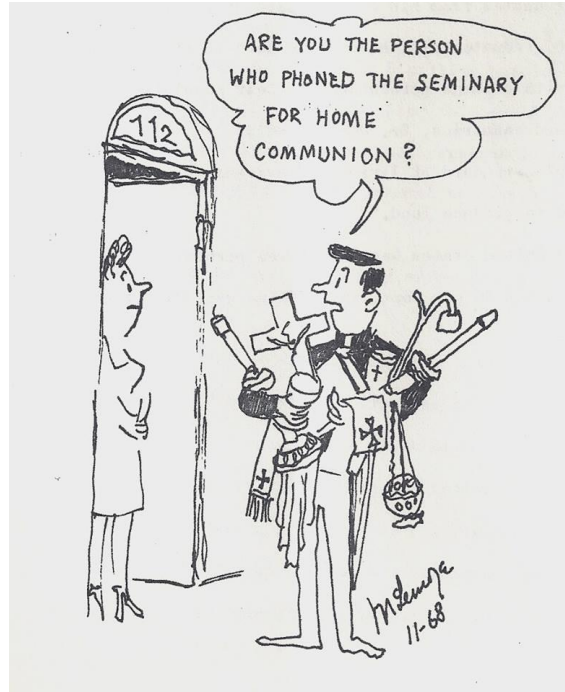
Lector: Judy Robel

Intercessor: Ann Byers

Eucharistic Ministers: Al Robel, Charlie Boak

Vestry Person of the Day: Bev Jannotta

From the cartoons created by
the Rev. William P. McLemore
1965 - 2014



Top 10 Reasons to be an Episcopalian Reason 5

"Church year is color coded."

Robin Williams
Comedian